



2014 GNC Ottawa Championships
November 1, 2014
Algonquin College Commons Theatre



Junior Fitness 1			
Placing	Competitor #	Name	Total Score
1	2	Mia Spadacinni	6
2	1	Alanna Lanthier	9

Junior Fitness 2			
Placing	Competitor #	Name	Total Score
1	7	Szilvia Spadacinni	5
2	5	Zelia Mouana	10
3	4	Isabelle Racine	17
4	6	Alyvia Hurst	18
5	8	Bennah Lynch	24
6	3	Catrian Lanthier	30

Junior Fitness 3			
Placing	Competitor #	Name	Total Score
1	9	Martine Dionne	5

Womens Fitness			
Placing	Competitor #	Name	Total Score
1	67	Karen Moore	5

Junior Mens Bodybuilding			
Placing	Competitor #	Name	Total Score
1	15	Josselyn Monette	5
2	88	Justin-Pierre Lebeau	11
3	61	Adam Key	14

Masters Mens Bodybuilding			
Placing	Competitor #	Name	Total Score
1	32	Predrag Stojnic	7
2	41	Richard McIntyre	8
3	92	Andras Szery	17
4	64	Ricardo Gardiner	18
5	51	Dean Danis	26
6	50	Philip Mihalus	29
7	101	Daniel Groulx	35

Best Poser

Grandmasters Mens Bodybuilding			
Placing	Competitor #	Name	Total Score
1	109	Nathan Nездoly	5

Lightweight Mens Bodybuilding			
Placing	Competitor #	Name	Total Score
1	88	Justin-Pierre Lebeau	7
2	12	Nick Theriault	8

Light Middleweight Mens Bodybuilding			
Placing	Competitor #	Name	Total Score
1	172	Mathew Blasioli	5
2	76	Thomas Beltrami	10
3	32	Predrag Stojnic	17
4	137	Jeff Noseworthy	20
5	72	Joel Martin	23
6	13	Laurent Lafontaine Despres	30
7	61	Adam Key	35
8	126	Andrew Bowes	40

Middleweight Mens Bodybuilding			
Placing	Competitor #	Name	Total Score
1	38	Bob Bonni	5
2	174	Rod Maadarani	10
3	90	Nathan Ware	15
4	37	Jeremie Tarte	21
5	95	Brian Lizotte	23
6	154	Suhail Bhatti	30
7	109	Nathan Nездoly	35

Light Heavyweight Mens Bodybuilding			
Placing	Competitor #	Name	Total Score
1	91	Christopher Lyon	5
2	23	Efe Ozerdinc	12
3	73	James Ryan	13
4	43	Nabil Outifrakl	21
5	40	Ryan Davis	25
6	64	Ricardo Gardiner	29
7	81	Ahmed Radi	35

Over-all

Heavyweight Mens Bodybuilding			
Placing	Competitor #	Name	Total Score
1	147	Jason Dizzell	7
2	69	Joshua McMillan	8
3	143	Jerome Lecourt	19
4	89	Trevor Askew	20
5	15	Josselyn Monette	21
6	50	Philip Mihalus	30

Super Heavyweight Mens Bodybuilding			
Placing	Competitor #	Name	Total Score
1	10	Paul Stam	5
2	30	Nelson Silva	10
3	79	Zachary Boissinot	15
4	34	Yan Crete-denis	20

Bikini Short

Placing	Competitor #	Name	Total Score
1	77	Valentina De Grazia	11
2	149	Jessica Bedard	11
3	28	Sheyne Blandford	13
4	18	Kelly MacDonnell	20
5	145	Nikki Belanger	20
6	58	Alicia Hamilton	29
7	135	Kristen Windsor	36
8	57	Haleigh Croves	39
9	54	Linda Murangira	45

Bikini Medium			
Placing	Competitor #	Name	Total Score
1	53	Pascale Brisson	8
2	127	Angela McGregor	13
3	136	Jacqueline Norris	21
4	129	Rya Ibit	25
5	110	Brigitte Dompierre	26
6	167	Sagal Hachi	28
7	133	Lisa Wong	33
8	98	Patricia Vinelle	36
9	138	Nicole Norris	42
10	112	Krystyn Perkins	48
11	120	Kyley McGregor	51
12	99	Anick Touchette	59
13	42	Dominique Lavergne	66
14	78	Erica Saikaley	68
15	122	Erica Brunnet	75
16	39	Julie Beauchamp	82
16	123	Kristen Peacock	83
16	165	Lisa Nordin	89

Over-all

Bikini Medium-Tall			
Placing	Competitor #	Name	Total Score
1	130	Mallory Spence	10
2	166	Annie Wu	12
3	100	Nadiya Karpenko	18
4	102	Angela Zakos	18
5	139	Danielle Yaworski	25
6	94	Victoria Connell	26
7	164	Yoon Mi Bae	35
8	85	Nancie Sylvestre	42
9	108	Brittani Byrne	48
10	65	Jessica McCarroll	52
11	16	Anne Bourdon	53
12	82	Janelle Vandemleen	54

Bikini Tall			
Placing	Competitor #	Name	Total Score

1	75	Kristina Nottingham-Blonge	9
2	60	Courtney Brouse	10
3	96	Christina Conie	20
4	80	Alix Pasquet	21
5	160	Katherine Smith	25
6	14	Kayliegh Benoit-Hinz	30
7	35	Kelly Cormier	38
8	128	Erika Jordan	39
9	86	Lark Popowicz	41
10	170	Mireille Kitenge	46
11	46	Carolyn Knuude	53
12	151	Stephanie Jeffery	59
13	25	Melanie Poirier	62

Bikini Masters Short			
Placing	Competitor #	Name	Total Score
1	110	Brigitte Dompierre	6
2	129	Rya Ibit	9
3	99	Anick Touchette	16
4	141	Jennifer Garofalo	20
5	125	Celina Cada-Matasawagon	25
6	165	Lisa Nordin	29

Over-all

Bikini Masters Tall			
Placing	Competitor #	Name	Total Score
1	128	Erika Jordan	5
2	19	Erin Field	11
3	104	Carol Monette	13
4	113	Hollie Anderson	20
5	16	Anne Bourdon	24

Bikini Grandmasters			
Placing	Competitor #	Name	Total Score
1	104	Carol Monette	5
2	125	Celina Cada-Matasawagon	10

Womens Physique Short			
Placing	Competitor #	Name	Total Score
1	66	Debby Givenrod	6
2	11	Veronique Voyer	9
3	93	Alicia Glasner	15
4	21	Gen Villeneuve	20

Womens Physique Tall			
Placing	Competitor #	Name	Total Score
1	48	Nadine Hanna	5

Master Womens Physique			
------------------------	--	--	--

Placing	Competitor #	Name	Total Score	
1	66	Debby Givenrod	5	Over-all
2	114	Lisa Schimmens	10	

Mens Physique Short				
Placing	Competitor #	Name	Total Score	
1	163	Jean-Kervens Pierre	5	Over-all
2	157	Christian Kanku	12	
3	56	Yassin Bouragba	13	
4	71	Evrick Kalugdan	22	
5	26	Shawn Robley	23	
6	142	Chanda Kapasa	30	

Mens Physique Medium				
Placing	Competitor #	Name	Total Score	
1	116	Scott Sinfield	6	
2	173	Brian Melo	12	
3	153	Andrew Ouimet	15	
4	29	Alexis Dusonchet	20	
5	111	Osama Mobayed	24	
6	158	Mathew Charbonneau	33	
7	33	Mathieu Durdey Perreault	33	
8	70	Didier Bien-Aime	37	
9	162	Jeremy Levitt	45	
No Show	118	Benjamin Brian Doucette	75	
No Show	148	Adrian Padmore	75	

Mens Physique Tall				
Placing	Competitor #	Name	Total Score	
1	87	Derick Tremblay	5	
2	107	Joey Fowler	12	
3	97	Michael Hunter	20	
4	121	Peter Rausch	22	
5	106	Gurjit Singh Dhani	24	
6	171	Farouk Timbilla	29	
7	119	Jeff Armstrong	33	
8	150	Kristopher Hayde	39	
9	155	Alex Denisko	53	
10	24	Ali Harati	53	
11	74	Jamie Murchison	53	
12	124	Michael Matchett	55	
13	152	Kevin Bois	60	
14	132	Amin Majidi	60	
15	156	Mark Quinto	74	
No Show	169	Steven Genier	80	

Masters Mens Physique				
Placing	Competitor #	Name	Total Score	

1	31	Phil Raoult	7
2	117	Shawn Kerr	9
3	162	Jeremy Levitt	13
4	55	Ken Schachnow	20

Figure Short			
Placing	Competitor #	Name	Total Score
1	161	Carolyn Andre-Jodoin	5
2	18	Kelly MacDonnell	10
3	131	Maggie Hashimoto	16
4	144	Jennifer Ridley	19
5	20	Courtney Gilchrist	25

Figure Medium			
Placing	Competitor #	Name	Total Score
1	68	Falyn Day	12
2	134	Kirby Pierce	12
3	83	Breanne Gates	14
4	36	Nathalie Cousineau	17
5	62	Carie McBain	24
6	146	Cassandra Minors	26
7	45	Valerie Whynot	40
8	44	Rebecca Cronk	41
9	165	Lisa Nordin	41
10	27	Lisa Labelle	48

Figure Medium Tall			
Placing	Competitor #	Name	Total Score
1	115	Shannon Larsen	6
2	17	Ashley Mariani	9
3	159	Katherine Larabie	16
4	59	Julie Goulet	19
5	140	Holly O'Neil	25
6	82	Janelle Vandemleen	32
7	47	Kathryn Lepage	34
8	84	Guylaine Paquet	39

Figure Tall			
Placing	Competitor #	Name	Total Score
1	22	Natasha Aughey	5
2	96	Christina Conie	11
3	168	Ashley Goodman	14
4	19	Erin Field	20

Over-all

Figure Masters Short			
Placing	Competitor #	Name	Total Score
1	36	Nathalie Cousineau	8
2	131	Maggie Hashimoto	9
3	62	Carie McBain	12

Over-all

4	144	Jennifer Ridley	19
5	103	Heather Anderson	27
6	45	Valerie Whynot	28
7	165	Lisa Nordin	37
8	63	Angie Rae	38

Figure Masters Tall

Placing	Competitor #	Name	Total Score
1	59	Julie Goulet	6
2	19	Erin Field	17
3	105	Elena Holder	17
4	114	Lisa Schimmens	18
5	49	Shelby Kramp-Neuman	18

Figure Grandmasters

Placing	Competitor #	Name	Total Score
1	66	Debby Givenrod	5
2	131	Maggie Hashimoto	12
3	114	Lisa Schimmens	17
4	103	Heather Anderson	20
5	105	Elena Holder	21
6	84	Guylaine Paquet	30

Womens Master BodyBuilding

Placing	Competitor #	Name	Total Score
1	52	Michelle Levesque	5