



2017 **GNC ALLMAX** Ontario Natural Championships  
August 12, 2017  
Centennial Hall  
550 Wellington Street, London, Ontario



Open Fitness Routine + Presentation			
Placing	Competitor #	Name	Total Score
1	122	Jessica Zehr	19
2	209	Renee-Susie Labelle	31
3	233	Danielle DaCosta	40

Classic Bodybuilding Short				
Placing	Competitor #	Name	Total Score	
1	201	Andrew Marchegiano	5	Overall
2	184	Rick Coomber	10	
3	154	Felix-Antoine Proulx	15	
4	142	Deewan Persaud	20	
5	176	Makram El-Zouhairi	25	
6	104	Tyler Neill	30	
7	256	Ron Brown	35	

Classic Bodybuilding Tall			
Placing	Competitor #	Name	Total Score
1	150	Travis Winkworth	5
2	248	Marty Gabriele	10
3	253	Alex Berthiaume	15

Junior Mens Bodybuilding Lightweight				
Placing	Competitor #	Name	Total Score	
1	134	Devin Bernardo	5	Overall
2	126	Abdullah Eidokheil	10	

Junior Men's Bodybuilding Heavyweight			
Placing	Competitor #	Name	Total Score
1	96	Anthony Thamas	5
2	253	Alex Berthiaume	10
3	193	Blake Whitehead	17
4	135	Michael Ricci	18

Super Grandmaster Men's Bodybuilding			
Placing	Competitor #	Name	Total Score
1	4	Stan Walton	5

Grandmaster Men's Bodybuilding			
Placing	Competitor #	Name	Total Score
1	231	Chris Becanic	5

Master Men's Bodybuilding Lightweight			
Placing	Competitor #	Name	Total Score
1	255	Fouad Khoury	6
2	115	Justin Castonguay	9

Master Men's Bodybuilding Middleweight			
Placing	Competitor #	Name	Total Score
1	74	Oge Robin	5
2	181	Randy Chamberlain	10
3	124	Richard Gayle	15
4	95	Peter Boncardo	19
5	164	Mark Pope	25

Overall

Men's Open Bodybuilding Bantamweight			
Placing	Competitor #	Name	Total Score
1	176	Makram El-Zouhairi	5

Men's Open Bodybuilding Lightweight			
Placing	Competitor #	Name	Total Score
1	125	Mike Liu	5
2	134	Devin Bernardo	10
3	198	Mark Worla	15
4	142	Deewan Persaud	20
5	115	Justin Castonguay	25

Men's Open Bodybuilding Welterweight			
Placing	Competitor #	Name	Total Score
1	201	Andrew Marchegiano	5
2	126	Abdullah Eidokheil	10

Men's Open Bodybuilding Light Middleweight			
Placing	Competitor #	Name	Total Score
1	150	Travis Winkworth	5
2	184	Rick Coomber	12
3	3	Eric Cosman	13

Men's Open Bodybuilding Middleweight			
Placing	Competitor #	Name	Total Score
1	181	Randy Chamberlain	5
2	39	DJ Idehen	10
3	5	Stephen Ryan	16
4	124	Richard Gayle	19
5	96	Anthony Thamas	26
6	95	Peter Boncardo	29
7	164	Mark Pope	37
8	87	Dragos Mutascu	38

Men's Open Bodybuilding Light Heavyweight			
Placing	Competitor #	Name	Total Score
1	180	Derek Kurelo	6
2	110	James Wright	10
3	210	Johnny Augustine	16
4	197	Julius Ahegbebu	19
5	127	Justan Rouleau	27
6	148	Ian Sivret	28

Overall

Men's Open Bodybuilding Heavyweight			
Placing	Competitor #	Name	Total Score
1	231	Chris Becanic	5

Teen Men's Physique			
Placing	Competitor #	Name	Total Score
1	239	Asad Jalib	6
2	68	Anthony Giudice	9
3	35	Brayden Emerson	15
4	42	Nevon Green	20

Junior Men's Physique			
Placing	Competitor #	Name	Total Score
1	81	Ikechukwu Okafor	5
2	83	Tyson Rose	10
3	239	Asad Jalib	15
4	6	Kaivan Shimi	21
5	85	Liam Wright	23
6	123	Farzad Amini	33
7	236	Oritseweyinmi Elliot Iluwa	34
8	55	Bryce Davidson	38
9	253	Alex Berthiaume	45
10	35	Brayden Emerson	50
11	25	Robert Morales	55

Grandmaster Mens Physique			
Placing	Competitor #	Name	Total Score
1	147	Tim Tetzlaff	5
2	1	Paul Webber	10
3	249	Mike Furlong	15

Masters Men's Physique Short			
Placing	Competitor #	Name	Total Score
1	147	Tim Tetzlaff	6
2	162	Matt Whyte	9
3	45	Ian Darabie	16
4	93	Zoltan Resal	19

Masters Men's Physique Medium			
Placing	Competitor #	Name	Total Score
1	251	Dave Bodnar	5

Masters Men's Physique Tall				
Placing	Competitor #	Name	Total Score	
1	34	Grant Alyea	5	Overall
2	216	Stanleigh Mitchell	10	
3	187	Tim Beasley	15	
4	37	Mitch Trottier	20	
5	120	Rafal Adamski	25	

Men's Physique Short			
Placing	Competitor #	Name	Total Score
1	266	Kazam Sidiq	5
2	76	Joseph Pineda	10
3	24	Phil Truong	17
4	142	Deewan Persaud	18
5	261	Matthew Tam	25
6	77	Julian Pucci	32
7	14	Keon Coleman	36
8	188	Mathieu Huneault	37
9	111	Frank Spano	46
10	63	Jason Hansen	49
11	12	Dustin Thibodeau	55
12	263	Prashanth Thayanithy	60
13	93	Zoltan Resal	65

Men's Physique Medium				
Placing	Competitor #	Name	Total Score	
1	268	Andrew Loy	6	Overall
2	106	Eric Na	9	
3	6	Kaivan Shimi	17	
4	190	Eduard Dychkovski	18	
5	272	Jesse Tubbs	25	
6	84	Brandon Caruana	31	
7	50	Ammar Gokal	35	
8	237	Oleg Klishevych	41	
9	112	Nick Beech	47	
10	178	Josh Tomlinson	54	
11	139	Kylle Purcell	55	
12	108	Matt George	56	
13	219	JongWook Kim	63	
14	131	Joshua Massimo	67	
15	165	Steven Rokosz	77	
16	154	Felix-Antoine Proulx	78	
16	119	Adam Hicks	80	
16	25	Robert Morales	80	

16	55	Bryce Davidson	80
16	59	Mital Patel	80
16	240	Joshua Stover-Sherland	80
16	243	Gregory Dawson	80
NS	11	Justin Valdez	NS

Men's Physique Medium Tall			
Placing	Competitor #	Name	Total Score
1	34	Grant Alyea	5
2	81	Ikechukwu Okafor	12
3	83	Tyson Rose	13
4	239	Asad Jalib	21
5	85	Liam Wright	24
6	91	Jake Reddick	30
7	229	Kyle Kewell	36
8	206	Brad Harper	39
9	182	Burak Bedizci	46
10	269	Lucas Heney	49
11	23	Emmanuel Ofori	56
12	94	Spencer Loewen	59
13	211	Dave Ballantyne	65
NS	254	Michael Lewin	NS

Men's Physique Tall			
Placing	Competitor #	Name	Total Score
1	72	Jesse Deschenes	6
2	13	Ahmad Musa	9
3	132	Mike MacMillan	17
4	7	Nicholas DaRosa	18
5	155	Vitaly Sokalsky	25
6	212	Shane Nickie	30
7	271	Joseph Tubbs	36
8	133	John Ngo	39
10	109	Corey McGrillis	50
11	43	Jonathon MacDonald	55
NS	208	Brendan Roulston	NS

Grandmasters Women's Physique			
Placing	Competitor #	Name	Total Score
1	230	Lesley Timbol	5
2	267	Jennifer Averink	10
3	88	Shirley Roy	15

Masters Women's Physique Short			
Placing	Competitor #	Name	Total Score
1	230	Lesley Timbol	5

Masters Women's Physique Tall			
Placing	Competitor #	Name	Total Score
1	130	Chantal Lalonde	7
2	202	Michelle MacPhie	8

Overall

Women's Physique Short			
Placing	Competitor #	Name	Total Score
1	64	Joana Moreira	5
2	230	Leslie Timbol	10
3	260	Courtney Pettitt	15
4	53	Jan Miller	20

Overall

Women's Physique Tall			
Placing	Competitor #	Name	Total Score
1	130	Chantal Lalonde	8
2	202	Michelle MacPhie	9
3	66	Jana Vizina	17
4	113	Mellissa Soillux	18
5	267	Jennifer Averink	25

Junior Figure			
Placing	Competitor #	Name	Total Score
1	177	Chloe Yazdani	7
2	40	Sarah Langbein	8
3	41	Robyn Armstrong	16
4	153	Carly Mungar	19

Grandmasters Figure			
Placing	Competitor #	Name	Total Score
1	221	Sharon Brown	7
2	152	Marlene MacLennan	8
3	195	Natalie Nadon	17
4	36	Beverly Golchuk	18
5	116	Dulce Cassidy	27
6	230	Lesley Timbol	28
7	232	Marta Fonsca	35
8	145	Jennifer Mercieca	40
9	226	Cindy Currie	45
10	17	Jennifer Hepburn	50
11	146	Connie Tetzlaff	55
12	27	Toni Wallachy	60
13	215	Jacqueline Cummins	66
14	163	Ellie Weber	69
16	60	Kelly Azar	80
NS	214	Shirley DiMatteo	NS

Masters Figure Short			
Placing	Competitor #	Name	Total Score
1	221	Sharon Brown	6
2	220	Sandra Huestis	11
3	152	Marlene MacLennan	13
4	36	Beverly Golchuk	20
5	118	Julia Karntjas	25
6	232	Marta Fonseca	34
7	47	Deborah Nicodemo	35
8	100	Meaghn Prince	39
9	259	Alicia Kowalski	42
10	116	Dulce Cassidy	52
11	10	Isabelle Hinch	53
12	146	Connie Tetzlaff	62
13	32	Angela Robbescheuten	63
14	92	Toni Resal	71
15	27	Toni Wallachy	74
16	62	Zeina Accetta	80
16	69	Vicky Carlucci	80
16	179	Violet Taba	80

Overall

Masters Figure Medium			
Placing	Competitor #	Name	Total Score
1	235	Mia Mejzinolli	5
2	145	Jennifer Mercieca	10
3	38	Stacey Trottier	15
4	65	Jacqueline Tedesco	20
5	101	Larissa Horbatiuk	25
6	215	Jacqueline Cummings	30
7	143	Agathi Krombas	35

Masters Figure Tall			
Placing	Competitor #	Name	Total Score
1	128	Lacia Beddoe	6
2	213	Ashley Pacht	9
3	130	Chantal Lalonde	15
4	98	Danielle Driscoll	21
5	71	Denise Paquette	25
6	218	Andrea Spratt	29
7	167	Amanda Murray	36
8	163	Ellie Weber	39
NS	214	Shirley DiMatteo	NS

Open Figure 1			
Placing	Competitor #	Name	Total Score
1	97	Brandi-Lee Tower	7
2	152	Marlene MacLennan	8
3	233	Deanielle DaCosta	17

4	225	Elecia Morris	18
5	230	Lesley Timbol	26
6	232	Marta Fonseca	29
7	90	Sophia Hua	35
8	47	Deborah Nicodemo	40
9	259	Alicia Kowalski	45
11	146	Connie Tetzlaff	55
12	62	Zeina Accetta	61
13	260	Courtney Pettitt	64
NS	168	Lisa Wood	NS

Open Figure 2			
Placing	Competitor #	Name	Total Score
1	177	Chloe Yazdani	7
2	228	Angie Aldridge	8
3	222	Lindsay Rannachan	17
4	41	Robyn Armstrong	18
5	116	Dulce Cassidy	27
6	226	Cindy Currie	28
7	10	Isabelle Hinch	36
8	92	Toni Resal	38
9	153	Carly Mungar	47
10	121	Brittany Hutchings	48

Open Figure 3			
Placing	Competitor #	Name	Total Score
1	122	Jessica Zehr	6
2	221	Sharon Brown	9
3	245	Gabrielle Sauve	17
4	220	Sandra Huestis	18
5	118	Julia Karantjas	27
6	195	Natalie Nadon	29
7	205	Stefanie Lasperance	36
8	100	Meaghan Prince	37
9	204	Marina Laffitte	47
10	16	Darlene Tran	48
11	57	Darci Kourelias	55
12	194	Charlaine Leveille	60
13	70	Barb Friday	65
14	79	Sonya Arksey	70
15	179	Violet Taba	75

Overall

Open Figure 4			
Placing	Competitor #	Name	Total Score
1	189	Nicole Guiho	5
2	73	Martine Major	10
3	235	Mia Mejzinolli	15
4	149	Rebecca Vaughan	20



5	65	Jacqueline Tedesco	25
6	159	Laurine Kulczycky	32
7	52	Nicole Hayashi	33
8	113	Mellissa Soilleux	40
9	105	Lindsay Howden	45

Open Figure 5			
Placing	Competitor #	Name	Total Score
1	128	Lacia Beddoe	7
2	213	Ashley Pacht	9
3	130	Chantal Lalonde	15
4	101	Larissa Horbatiuk	20

Open Figure 6			
Placing	Competitor #	Name	Total Score
1	247	Alisha Reid	5
2	40	Sarah Langbein	11
3	98	Danielle Driscoll	14
4	71	Denise Paquette	21
5	218	Andrea Spratt	25
6	167	Amanda Murray	29
7	15	Kassidy Watts	36
8	186	Sarah Birch	38

Grandmasters Bikini			
Placing	Competitor #	Name	Total Score
1	264	Syndy Bennett	5
2	99	Teresa Woolard	10
3	117	Celina Cada-Matasawagon - B3, MShrt	15
4	54	Sarena Ezerzer	20
5	17	Jennifer Hepburn	25
6	61	Diana Norville	30
7	161	Stacey Whyte	36
8	191	Jo Grineage	40
9	166	Kelley Wright	46
NS	9	Karen McClay	NS

Masters Bikini Short			
Placing	Competitor #	Name	Total Score
1	200	Ibon Palacio	6
2	192	Deneika Fletcher	10
3	174	Nina Ahn	17
4	258	Amy Saunders	18
5	151	Chantal Laverdiere	28
6	141	Cindy Johnson	32
7	241	Melanie Ebbs	33
8	32	Angela Robbescheuten	41
9	117	Celina Cada-Matasawagon - B3,Gmast	44

10	54	Sarena Ezerzer	47
11	136	Sarah Lanzalone	55
12	185	Anne Villeneuve	60
13	242	Rose-Marie Beaudoin	66
14	9	Karen McClay	69

Masters Bikini Medium			
Placing	Competitor #	Name	Total Score
1	75	Gina Lyoness	7
2	114	Michelle Ralph-Larose	8
3	65	Jacqueline Tedesco	16
4	38	Stacey Trottier	19
5	171	Lorrie Keaveny	27
6	61	Diana Norville	28

Masters Bikini Tall			
Placing	Competitor #	Name	Total Score
1	213	Ashley Pacht	6
2	137	Dushanka Rasovic	11
3	196	Olga Fayzulina	17
4	86	Leona Fung	17
5	257	Carrie Foster	26
6	102	Jenny Uka	28
7	264	Syndy Bennett	37
8	26	Sylvia Takada	38
9	244	Christine Pilon	46
10	191	Jo Grineage	49

Overall

Open Bikini 1			
Placing	Competitor #	Name	Total Score
1	29	Taylor Prakken	5
2	172	Yailin Kegel	10
3	67	Brooke Alexander	15
4	238	Anissa Estaris	20
5	225	Elecia Morris	25
6	103	Tiffany Gingrich	30
7	151	Chantal Laverdiere	36
8	224	Jasmine Refaeh	39

Open Bikini 2			
Placing	Competitor #	Name	Total Score
1	48	Melissa Lefebvre	6
2	262	Celeste Chandler	9
3	250	Gina Switzeny	18
4	200	Ibon Palacio	20
5	158	Karlie Lottermoser	24
6	19	Holly Amson	28
7	175	Summer Wang	35

Overall

8	174	Nina Ahn	40
9	207	Rianne Hudson	45
10	107	Junelle Artates	50
11	228	Angie Aldridge	55
12	199	Zun Pwint	60
13	56	Roxanne Gauthier	67
14	82	Taylor Draak	70
15	44	Tiffany Maccuish	73
16	136	Sarah Lanalone	79

Open Bikini 3			
Placing	Competitor #	Name	Total Score
1	227	Milan Leite-Dao	6
2	138	Sommer Tripp	10
3	78	Debra Crover	14
4	234	Diana Jaskulski	18
5	8	Renee Desjardins	27
6	192	Deneika Fletcher	28
7	80	Jessie Drover	35
8	18	Catherine Gorospe	39
9	183	Gina Pinto	44
10	265	Monika Juhasz	52
11	205	Stefanie Lesperance	53
12	241	Melanie Ebbs	60
13	89	Kimberley Howitt	66
15	32	Angela Robberscheuten	74
16	117	Celina Cada-Matasawagon	79
NS	223	Alyssa Natalizio	NS

Open Bikini 4			
Placing	Competitor #	Name	Total Score
1	20	Christina Howitt	6
2	144	Kathrine Kilroy	9
3	252	Candice Rose	17
4	157	Shahrzad Janati	18
5	46	Amanda Laird	27
6	114	Michelle Ralph-Larose	28
7	217	Holly Ankuczka	37
8	58	Trina Asselin	38
9	170	Meighen Hodgen	47
10	65	Jacqueline Tedesco	48

Open Bikini 5			
Placing	Competitor #	Name	Total Score
1	129	Angela Sucee	7
2	140	Ashley Jensen	8
3	31	Nichelle Yorke	17
4	22	Michelle Valliant	18

5	49	Sarah Blanchard	27
6	270	Lisa Heney	28
7	28	Kristal Schrank	37
8	51	Lori Reddy	38
9	33	Sierra Pillar	47
10	244	Christine Pilon	48

Open Bikini 6			
Placing	Competitor #	Name	Total Score
1	21	Kelsey Buckley	5
2	2	Carolyn Knuude	10
3	160	Taryn Kovic	16
4	30	Kaylee Swiergosz	19
5	246	Alina Nanikova	27
6	86	Leona Fung	28
7	156	Yuliya Pranskevichus	35
8	173	Lindsay Van Paassen	43
9	203	Sofia Garces-Vasquez	44
10	257	Carrie Foster	49
11	169	Alysha Coughler	55

Total